MONTHLY PROJECTS

MONTH OF:

PROJECT:

GOAL:

MILESTONE 1: DUE DATE:

MILESTONE 2: DUE DATE:

MILESTONE 3: DUE DATE:

PROJECT:

GOAL:

MILESTONE 1: DUE DATE:

MILESTONE 2: DUE DATE:

MILESTONE 3: DUE DATE:

PROJECT:

GOAL:

MILESTONE 1: DUE DATE:

MILESTONE 2: DUE DATE:

MILESTONE 3: DUE DATE:

NOTES

SPIRITUAL HEALTH: 1 2 3 4 5 6 7 8 9 10

LAST MONTH:

MENTAL HEALTH: 1 2 3 4 5 6 7 8 9 10

LAST MONTH:

PHYSICAL HEALTH: 1 2 3 4 5 6 7 8 9 10

LAST MONTH:

WEEKLY GOALS

WEEK OF: / / - / /

DAY:

GOAL:

ACTION STEPS:

PEOPLE:

DAY:

GOAL:

ACTION STEPS:

PEOPLE:

DAY:

GOAL:

ACTION STEPS:

PEOPLE:

DAY:

GOAL:

ACTION STEPS:

PEOPLE:

DAY:

GOAL:

ACTION STEPS:

PEOPLE:

PRIORITIES CHECKLIST